

ESLD HANDS ON LASER AND EBD TEACHING COURSE

22-23 FEBRUARY 2025

SOFIA | BULGARIA

Acıbadem City Clinic – University Hospital Tokuda



TOPICS

- selective and fractional photothermolysis
- traditional ablative laser
- microneedling and radiofrequency
- laser safety
- vascular treatments
- laser hair removal
- pigmented lesions and tattoos
- rejuvenation

THE FORMAT

- 2 days
- 7 world renowned speakers
- 4 theoretical sessions
- 3 hands-on sessions
- 1 panel discussion about YOUR case studies
- 30 attendees
- selected partner industries

FACULTY

Ashraf
BADAWI
Egypt
ESLD President



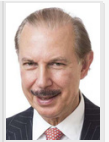
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WOLKERSTORFER
the Netherlands
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MARINI
Italy
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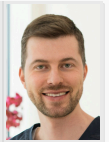
Paolo
BONAN
Italy



Evgeni
HRISTOZOV
Bulgaria



Ivan
PEEV
Bulgaria



WELCOME

Dear Colleague,

I am honoured to welcome you to ESLD Hands-on Laser and EBD Teaching Courses (Sofia, 22-23 February 2025).

The Course seeks to enhance your knowledge and expertise in the ever-evolving field of laser dermatology. Our comprehensive program has been meticulously crafted to cover the latest advancements in laser technology, procedures, and techniques in dermatology. You will gain valuable insights and practical skills from world-renowned experts in the field.

We understand the importance of hands-on experience in mastering laser procedures. Thus, you will have the opportunity to practice laser treatments under the guidance of experienced instructors, ensuring you leave with confidence in your abilities.

This course provides an ideal platform for networking and collaboration, fostering relationships with fellow dermatologists, healthcare professionals, and experts from around the world.

Thanks for trusting ESLD and joining us in Sofia! It will be another great success!

prof. Ashraf Badawi
ESLD President

Ashraf Badawi

DAY 1

SATURDAY, 22 FEBRUARY 2025, 9AM-5.30PM

9:00-9:10	Welcome address
9:10-9:40	Basics of lasers and laser tissue interaction // <i>A. Badawi</i>
9:40-10:00	Clinical endpoints: how to improve outcomes and avoid complications // <i>A. Wolkstorfer</i>
10:00-10:25	Traditional ablative laser use - Basic understanding and indications // <i>P. Bonan</i>
10:25-10:50	Laser safety practical tips // <i>L. Marini</i>
10:50 - 11:10	Coffee break
11:10 - 13:10	Hands-on Session 1 <i>ErbYAG ablative / Q-Switched lasers / CO2 conventional basics / Pulsed dye lasers / Laser safety</i>
13:10-14:00	Lunch break
14:00-14:25	Vascular treatments - PDL and other light sources // <i>L. Marini</i>
14:25-14:45	Laser hair reduction - Different wavelengths for optimal outcomes // <i>A. Sadek</i>
14:45-15:10	Pigmented lesions and tattoos // <i>A. Wolkstorfer</i>
15:10-15:35	Rejuvenation - Different light-based tools // <i>A. Badawi</i>
15:35-16:00	Coffee break
16:00-17:30	Hands-on Session 2 <i>Combination Erb:YAG and Nd:YAG / Fractional Q-switched / CO2 fractional / Long-pulsed dye lasers / Skin care</i>
20:00	Dinner@8

- 9:00-9:20 New approach in laser therapy of rosacea and skin demodicosis // *E. Hristozov*
- 9:20-9:45 Microneedling, radiofrequency, and skin barrier restoration // *A. Badawi*
- 9:45-10:05 Fractional photothermolysis – Basic understanding and indications // *A. Wolkerstorfer*
- 10:05-10:30 Laser for Skin Tumors // *A. Sadek*
- 10:30-10:40 Lasers for scars // *A. Sadek*
- 10:40-11:10 Coffee break
- 11:10-13:10 Hands-on Session 3
Advanced protocols and combinations / Tips&Tricks with CO2 / Hair reduction / Settings selection
- 13:10-14:15 Lunch break
- 14:15-14:40 Preparing the patient and Post-op care // *A. Sadek*
- 14:40-14:55 Optimizing outcomes with combination treatments and advanced protocols // *L. Marini*
- 14:55-15:20 Optimizing laser parameters for the best possible outcomes // *A. Badawi*
- 15:20-16:00 Special case studies, Panel discussion and Presentation of diplomas
Panelists: *A. Badawi, P. Bonan, E. Hristozov, L. Marini, I. Peev, A. Sadek, A. Wolkerstorfer*

*Cases submitted by attendees and discussed with the Faculty.
Participants are strongly encouraged to present interesting clinical cases about Laser/EBD treatments to be interactively discussed.*

EACCME



The ESLD Handson Laser and EBD Teaching Course, Sofia, Bulgaria 22/02/2025 – 23/02/2025, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **12.0 European CME credits** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at <https://edhub.ama-assn.org/pages/applications>.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Credit will be converted based on one (1) hour of participation equalling one credit for all activities. Physicians wishing to convert EACCME® credits to AMA PRA Category 1 Credit™ will be required to access the AMA website at <https://edhub.ama-assn.org/pages/applications> to obtain the necessary paperwork and instructions. Physicians and other health care professionals will be required to pay a processing fee to the AMA. For other countries, please contact the relevant national/regional accreditation authority.

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form. Cf. criteria 22 of UEMS 2023.07.

In order to help you issue individual certificates to each participant, please find below the breakdown of ECMEC®s per day:

Date Credit

22/02/2025 6.5

23/02/2025 5.5

The EACCME® awards ECMEC®s on the basis of 0,5 ECMEC® for 30 minutes of CME with a maximum of 8 ECMEC®s per day. cf. Chapter XIII of UEMS 2023.07.

the VENUE

ACIBADEM CITYCLINIC

UNIVERSITY HOSPITAL TOKUDA

Acibadem City Clinic University Hospital Tokuda
51B Nikola Vaptsarov Blvd.
Sofia, Bulgaria
(Entrance by car via "Atanas Dukov" Street)

DINNER@8

Sat. 22 February – 8PM

An informal get together among friends.



ADOR Restaurant
Narodno Sabranie Sq.4
Sofia 1000
ador-restaurant.com

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