

ESLD HANDS ON LASER AND EBD TEACHING COURSE

13-14 FEBRUARY 2026

BUCHAREST | ROMANIA

Department of Medical Simulation, CleH
University of Medicine and Pharmacy "Carol Davila"



TOPICS

- selective and fractional photothermolysis
- traditional ablative laser
- microneedling and radiofrequency
- laser safety
- vascular treatments
- laser hair removal
- pigmented lesions and tattoos
- rejuvenation

THE FORMAT

- 2 days
- 4 theoretical sessions
- 3 hands-on sessions
- 1 panel discussion about YOUR case studies
- world renowned speakers
- 30 attendees
- selected partner industries

FACULTY

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Egypt
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WELCOME

Dear Colleague,

I am honoured to welcome you to ESLD Hands-on Laser and EBD Teaching Course (Bucharest, 13-14 February 2026).

The Course seeks to enhance your knowledge and expertise in the ever-evolving field of laser dermatology. Our comprehensive program has been meticulously crafted to cover the latest advancements in laser technology, procedures, and techniques in dermatology. You will gain valuable insights and practical skills from world-renowned experts in the field.

We understand the importance of hands-on experience in mastering laser procedures. Thus, you will have the opportunity to practice laser treatments under the guidance of experienced instructors, ensuring you leave with confidence in your abilities.

This course provides an ideal platform for networking and collaboration, fostering relationships with fellow dermatologists, healthcare professionals, and experts from around the world.

Thanks for trusting ESLD and joining us in Bucharest! It will be another great success!

prof. Ashraf Badawi
ESLD President

Ashraf Badawi

DAY 1

FRIDAY, 13 FEBRUARY 2026, 9AM-5.30PM

9:00-9:10	Welcome address // <i>A. Badawi, P. Bonan, A.M. Forsea</i>
9:10-9:30	Basics of lasers and laser tissue interaction // <i>A. Badawi</i>
9:30-9:50	Clinical endpoints: how to improve outcomes and avoid complications // <i>A. Wolkstorfer</i>
9:50-10:10	Traditional ablative laser use - Basic understanding and indications // <i>P. Bonan</i>
10:10-10:30	Laser safety practical tips // <i>J. Shauwaert</i>
10:30-11:00	Coffee break
11:00-13:00	Hands-on Session 1 <i>Laser safety / Traditional ablative Co2 / Fractional ablative / Selective photothermolysis / Q-Switched photomechanical</i>
13:00-14:00	Lunch break
14:00-14:20	Vascular treatments - PDL and other light sources // <i>A. Wolkstorfer</i>
14:20-14:40	Laser hair reduction - Different wavelengths for optimal outcomes // <i>A. Sadek</i>
14:40-15:00	Rejuvenation - Different light-based tools // <i>A. Badawi</i>
15:00-15:20	Pigmented lesions and tattoos // <i>A. Wolkstorfer</i>
15:20-15:50	Coffee break
15:50-17:50	Hands-on Session 2 <i>Difficult laser cases / Traditional ablative Er-YAG / Hair removal - Long-pulsed Alex and Nd:YAG / Pigmented Q-switched in fractional mode / Fractional non ablative</i>
20:00	Dinner@8

- 9:00-9:20 Fractional photothermolysis – Basic understanding and indications // *H.J. Laubach*
- 9:20-9:40 Microneedling, radiofrequency, and skin barrier restoration // *A. Badawi*
- 9:40-10:00 Beyond Aesthetics: Integrating Lasers and EBDs into Multimodal Management of Chronic Immunologic and Infectious Diseases // *M. Mihai*
- 10:00-10:20 Cryolipolysis // *H.J. Laubach*
- 10:20-10:40 Lasers for scars // *A. Uskov*
- 10:40-11:00 Coffee break
- 11:00-13:00 Hands-on Session 3
Traditional ablative lasers / How to select the right laser settings / Long-pulsed lasers / Q-switched lasers / Ablative-non ablative fractional
- 13:00-14:00 Lunch break
- 14:00-14:20 Preparing the patient and Post-op care // *A. Sadek*
- 14:20-14:40 Photodynamic therapy and fractional ablative laser: a game changer? // *J. Snauwaert*
- 14:40-15:00 Optimizing laser parameters for the best possible outcomes // *A. Badawi*
- 15:00-16:00 Special case studies, Panel discussion and Presentation of diplomas
Panelists: *A. Badawi, P. Bonan, AM. Forseq, H.J. Laubach, M. Mihai, A. Sadek, J. Snauwaert, A. Uskov, A. Wolkerstorfer*

*Cases submitted by attendees and discussed with the Faculty.
Participants are strongly encouraged to present interesting clinical cases about Laser/EBD treatments to be interactively discussed.*

the VENUE



Dept. of Medical Simulation – CleH (Center of Innovation and e-Health)

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DINNER@8

Fri. 13 February 2026 – 8PM

sponsors

The Teaching Course is organized with the unrestricted financial support by



