

HANDS-ON LASER AND EBD TEACHING COURSE

Amsterdam, the Netherlands



18-19 January 2019





ESLD is honoured to introduce you to its highly specialized Hands-on Laser and EBD Teaching Course, in collaboration with the Amsterdam University Medical Centers. The Course will provide participants with up-to-date theoretical and practical knowledge on laser and EBD applications.

MAIN TOPICS

The latest laser and EBD systems will be presented to cover the following scientific topics:

- Laser tissue interaction, Laser safety, Photothermolysis
- Laser hair removal, Vascular lesions, Pigmented lesions, and Rejuvenation
- Energy Based Devices

COURSE DESCRIPTION


This 2-day course is structured in 3 theoretical sessions, followed by hands-on sessions, where participants are divided into small working groups. This assures a very close interaction between preceptors and participants. The Course ends with a panel discussion of interesting clinical cases submitted by the attendees.

FACULTY

World-renowned preceptors will introduce you to the theoretical concepts of lasers and EBDs and will share their practical skills during the hands-on sessions.

- Ashraf Badawi (Egypt)
- Paolo Bonan (Italy)
- Hans-Joachim Laubach (Switzerland)
- Johan Snauwaert (Belgium)
- Martijn van Doorn (the Netherlands)
- Albert Wolkerstorfer (the Netherlands)

After participation in this Course, you will have acquired a basic knowledge making you feel more confident using lasers and EBDs, so as to guarantee reliable and satisfying outcomes for you and your patients.



Hans-Joachim Laubach
ESLD President



Friday, 18 January

- 8.30-9.00** Welcome by the President, Vice President, and Key Officer for Education | Laubach, Badawi & Wolkerstorfer
Faculty and course presentation | Wolkerstorfer
Group randomization
- 9.00-9.20** Practical aspects of laser tissue interaction | Wolkerstorfer
9.20-9.40 Selective photothermolysis - Basic understanding and indications | Laubach
9.40-10.00 Traditional ablative laser use - Basic understanding and indications | Bonan
10.00-10.20 Fractional photothermolysis - Basic understanding and indications | Snauwaert
10.20-10.40 Laser safety practical tips | Badawi
- 10.40-11.10** Coffee break
- 11.10-13.10** **HANDS-ON SESSION #1**
Laser Safety | Traditional ablative CO2 | Fractional-ablative | Selective Photothermolysis - Long Pulsed Dye laser | Q-Switched photomechanical
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- 13.10-14.10** Lunch break
- 14.10-14.30** Vascular treatments - PDL and other light sources | Van Doorn
14.30-14.50 Laser hair removal - Different wavelengths for optimal outcomes | Badawi
14.50-15.10 Pigmented lesions and tattoos | Wolkerstorfer
15.10-15.30 Rejuvenation - Different light based tools | Badawi
- 15.30-16.00** Coffee break
- 16.00-18.00** **HANDS-ON SESSION #2**
Rejuvenation IPL | Traditional ablative Er:YAG | Hair removal - Long Pulsed Alex & Nd:YAG | Pigmented Q-Switched in fractional mode | Fractional non-ablative
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- 20:00 - 22:00** **DINNER @ 8**



9:00-9:15	Cryolipolysis Laubach
9:15-9:30	Microneedling, radiofrequency, and their combination Badawi
9:30-9:45	LED and US Laubach
9:45-10:00	Microwaves Bonan
10:00-10:15	Medical Indications of lasers and EBDs Van Doorn
10:15-10:30	Optimizing laser parameters for the best possible outcomes Badawi
10:30-11:00	Coffee break
11:00-13:00	HANDS-ON SESSION #3 Traditional ablative lasers - Er:YAG and CO2 EBDs - Cryolipolysis, US, LED Long-pulsed lasers - PDL, Alex and Nd:YAG Q-Switched lasers Ablative/non-ablative fractional
13:00-14:00	Lunch break
14:00-14:20	Preparing the patient & Post-op care Snauwaert
14:20-14:40	How to choose the right device Wolkerstorfer
14:40-15:50	Case presentation
15:50-16:20	Panel discussion
16:20-16:40	Awards ceremony
16:40-17:30	Farewell cocktail



General information

VENUE



Department of Dermatology (A0)
Academic Medical Center
Meibergdreef 9
1105 AZ Amsterdam Zuidoost
the Netherlands

On Friday 18th theoretical sessions take place in the theater (G8-143).
On Saturday 19th theoretical sessions take place in the Coster-en Fonteijn room.

DINNER @ 8

ESLD is please to host all attendees, speakers and industries for an informal buffet dinner on a boat sailing through Amsterdam Canals following the Light Festival.

The boat will be the City Tender BREDERO and will depart at **8PM** from **Amstelkerk - Reguliersgracht dock**. We'll be back at the same dock by 10PM.

Meeting point: Amstelkerk - Reguliersgracht dock at 7:45PM
We recommend to be punctual. Thank you.

ORGANIZING SECRETARIAT

the office

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EACCME® ACCREDITATION

The European Society for Lasers and Energy Based Devices (ESLD) Hands-on Laser and EBD Teaching Course, Amsterdam, Netherlands, 18/01/2019-19/01/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with

10 EUROPEAN CME CREDITS (ECMEC®s)

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

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All devices used for the Hands-On sessions are for practical purposes and they are not advertised. Participants are free to choose any device they prefer for their practice.



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